# Comparison of the effects of Chinese herbs, probiotics and prebiotics with those of antibiotics in diets on the performance of meat ducks

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#### ABSTRACT

This study was conducted to compare the effect of some additives on the performance of Pekin meat ducks. Three types of feed additives, Chinese herbs, probiotics and prebiotics, were supplemented separately to meat duck diets and compared with an antibiotic treatment group as well as with a group of non-supplemented birds. For a seven-week feeding trial, a total of 300 meat ducks were allotted to five treatments. The treatments were: non-supplemented, antibiotics, Chinese herbs, probiotics, and prebiotics. At the end of starter phase (weeks 0-2), the ducks on probiotics had the highest body weight (P<0.01), and during the last weeks (weeks 3-7) the ducks in all experimental groups grew faster than the negative controls (P<0.01). The feed conversion ratio (FCR) of the probiotics group was significantly lower than in the other groups during the whole experiment. Mortality was lowest in the Chinese herbs and antibiotics groups (0%). The carcass characteristics study showed that every trait measured in this experiment was similar (P>0.05) in all groups. Overall, it can be inferred that supplementation of Chinese herbs, probiotics, prebiotics did not negatively affect meat duck performance and that these feed additives can replace antibiotics in Pekin meat duck diets.

KEY WORDS: meat duck, feed additive, performance, herbs

## **INTRODUCTION**

Antibiotic feed additives have been used in livestock production for about 50 years (Dibner et al., 2005). They have played an important role in animal

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growth by helping animals avoid bacterial diseases. When antibiotics were used as growth promoters, they were said to improve daily weight gain by 3 to 9% and the feed conversion ratio by 4 to 8% with fewer scours problems (Hedde, 1984). They appeared to act by reducing the pathogenic bacteria load and modifying the microflora in the gut, increasing the availability of nutrients for the animal itself and reducing their availability to bacteria (Visek, 1978; Hedde, 1984). Low-level antibiotic additives added to livestock diets can help prevent illness and improve performance. However, their prolonged use has the potential to increase bacterial resistance and the level of drug residues in edible animal products. This will lead to the transfer of antibiotic resistance to human pathogens and will be harmful to human health (Kritas et al., 2005). Therefore, removing antibiotics from livestock feed additives and concern about human health increased the attention paid by scientists to these problems.

With the increasing insight into the potential promotion of gastrointestinal resistance and increase of residues in animal products by antibiotics, alternatives to them, such as herb extracts, prebiotics, probiotics and other feed additives, have been studied (Smoragiewicz et al., 1993; Zimmermann et al., 2001; Guo et al., 2004). Furthermore, due to the ban of most antibiotic growth promoters in Europe and the expected spread of this trend to the rest of the world in recent years, finding alternative means is becoming a major issue in animal production. In this context, the use of Chinese herbs, probiotics and prebiotics to increase meat duck production is receiving more attention. Although these additives have been studied and used in pigs, chickens and other animals, little is known about their effects on meat ducks. Considering that duck meat is a traditional Chinese delicacy and is becoming increasingly popular, it is therefore necessary to investigate the effects of feeding these additives to meat ducks on their body weight, feed conversion ratio and carcass characteristics and to determine the optimal antibiotic substitute in meat duck production.

## MATERIAL AND METHODS

#### Experimental birds

Three hundred one-day-old unsexed Pekin meat ducks were weighed and randomly distributed into 5 groups with 4 replicates per group and 15 meat ducks per replicate. Each replicate was kept in a separate pen  $(240 \times 150 \text{ cm})$ . The birds were kept on the floor and water vans were available. Starter feed was given in weeks 0-2 and finisher rations for the remaining 5 weeks. Feed and water were offered *ad libitum* throughout the 7 weeks of the study period.

## Poultry feeds

Ten poultry feeds were used in the experiment. All feeds were isonitrogenous (starter CP 19.0%, finisher CP 14.5%) and isocaloric (starter ME 11.71 MJ/kg, finisher ME 11.29 MJ/kg) and only varied in the feed additives. Feed composition is shown in Table 1.

Indices	Starter feed	Finisher feed		
Ingredients, %				
maize	51.0	56.0		
soyabean meal	29.0	16.2		
fish meal	2.0			
rapeseed meal		3.5		
wheat shorts	9.3	9.6		
chaffed straw	3.5	9.5		
talcum powder	1.2	1.2		
dicalcium phosphate	1.7	1.7		
NaCl	0.3	0.3		
carrier (Bentonite)	1.0	1.0		
Premix*	1.0	1.0		
total	100.00	100.00		
Calculated analysis, g/kg				
metabolizable energy, MJ/kg	11.71	11.29		
crude protein	190	145		
ether extract	29	33		
crude fibre	36	53		
Ca	10.4	9.5		
total P	7.1	6.4		
lysine	11.0	7.5		
methionine+cystine	8.0	6.3		

Table 1. Composition of meat duck starter and finisher feed used in the study

provided the following supplementation per kg of diet, IU: vit. A 12,000; vit. D<sub>3</sub> 3, 120; vit. E 85; mg: menadione sodium bisulphite 4; vit. B<sub>12</sub> 0.07; riboflavin 10; Ca-pantothenate 44; niacin 60; Se 0.2; Fe 97; Mn 32; Zn 97; Cu 9

#### Experimental protocol

Meat ducks of various groups were given the following feeding treatment (Table 2). The quantity of each additive was determined according to the recommended quantity for chickens.

The vaccination schedule was uniform for all groups. Body weight gain and feed intake were recorded at the end of weeks 2, 5 and 7. Feed consumption, health of the

birds, temperature and humidity were recorded daily. At the end of the experiment, four ducks (two females and two males) per replicate were sacrificed by cervical dislocation in a germ-free isolation chamber sterilized by ultraviolet radiation. Carcass traits like slaughter rate, breast and abdominal fat, etc. were measured.

The data were subjected to analysis of variance using the one-way AVOVA procedure of the Statistical Package for the Social Science (SPSS 11.0, SPSS, Inc., Chicago, IL) and the differences among treatment means were tested with the LSD Multiple Range Test.

	Weeks				
Group	0-2	3-7			
	Basal diets (starter) + premix	Basal diets (finisher) + premix			
control	Basal diets (starter) + same additives	Basal diets (finisher) + same additives			
1	Basal diets (starter) + same additives + antibiotics <sup>1</sup>	Basal diets (finisher) + same additives + antibiotics <sup>1</sup>			
2	Basal diets (starter) + same additives + Chinese herbs <sup>2</sup> 1500	Basal diets (finisher) + same additives + Chinese herbs 1000			
3	Basal diets (starter) + same additives + probiotics <sup>3</sup> 700	Basal diets (finisher) + same additives + probiotics 400			
4	Basal diets (starter) + same additives + prebiotics <sup>4</sup> 3000	Basal diets (finisher) + same additives + prebiotics 2500			

Table 2. Treatments on different groups during starter and finisher phases, mg/kg

<sup>1</sup> the main ingredient of antibiotics were: zinc-bacitracin 600+ asarylic acid 100 (starter phase); zincbacitracin 400+ asarylic acid 90 (finisher phase)

<sup>2</sup> Qing Bao (Biocentury Holding Ltd., GuangDong). The main ingredient were: Astragalus membranaceus (Fisch.) Bge., Citrus reticulata Blanco, Acanthopanax gracilistylus W.W. Smith, Crataegus pinnatifida Bge., Atractylodes macrocephala Koidz., and Angelica sinensis (Oliv.) Diels

<sup>3</sup> Mu Le (Pu Le Corporation, GuangDong). The main ingredient were *Lactobacillus acidophilus* and *Bacillus subtilis* 

<sup>4</sup> Ganluguatang (Zhongkeshenlan Technology Ltd., Beijing). The main ingredient were mannoseoligosaccharides (MOS)

### RESULTS

The body weight of the birds was measured at the end of weeks 2, 5, and 7 (Table 3). At the end of week 2, the ducks given probiotics (Group 3) had the highest body weight (P<0.01) followed by the ducks belonging to group 2 and group 1, which were given Chinese herbs and antibiotics, respectively. The body

weight of the ducks given prebiotics (Group 4) was closer to the non-supplemented group. At the end of the week 7, the Chinese herbs group had the highest body weight but the difference did not reach statistical significance in respect to the antibiotics and probiotics groups. The four supplemented groups had significantly higher body weights than the non-supplemented group.

Table 3 also shows the feed conversion ratios of meat ducks on different treatments. The probiotics group had the highest feed intake per meat duck during weeks 0-2 and was significantly higher than in other groups (P<0.05). Similar trends could be found in this phase on weight gain per meat duck and FCR. Also, the feed intake, weight gain and FCR of the Chinese herbs and prebiotics groups were similar or close to those of the antibiotics group. During weeks 3-7, the Chinese herbs group had the highest feed intake and weight gain per meat duck but did not have a better FCR. The probiotics group still had the lowest FCR in this phrase, which was clearly lower than the others.

Transferrante	Group					CEM1	D. 1.1.114
Treatments	control	1	2	3	4	SEM	Probability
Body weight, kg							
at the end of 2 <sup>nd</sup> week	0.53 <sup>B</sup>	0.55 <sup>B</sup>	0.54 <sup>B</sup>	0.58 <sup>A</sup>	0.54 <sup>B</sup>	0.008	P<0.01
at the end of 5 <sup>th</sup> week	2.08 <sup>c</sup>	2.15 <sup>Ab</sup>	2.17 <sup>Aa</sup>	2.13 <sup>B</sup>	2.12 <sup>B</sup>	0.011	P<0.01
at the end of 7 <sup>th</sup> week	3.18 <sup>c</sup>	3.23 <sup>Ab</sup>	3.26 <sup>Aa</sup>	3.25 <sup>Aa</sup>	3.21 <sup>B</sup>	0.023	P<0.01
0-2 weeks feed intake/meat duck, kg weight gain/meat duck, kg FCR	0.80 <sup>b</sup> 0.47 <sup>b</sup> 1.72 <sup>b</sup>	0.80 <sup>b</sup> 0.48 <sup>b</sup> 1.67 <sup>ab</sup>	0.82 <sup>b</sup> 0.49 <sup>b</sup> 1.69 <sup>ab</sup>	0.84ª 0.51ª 1.64ª	0.80 <sup>b</sup> 0.48 <sup>b</sup> 1.69 <sup>ab</sup>	0.011 0.008 0.021	P<0.05 P<0.05 P<0.05
3-7 weeks							
feed intake/meat duck, kg	9.74 <sup>B</sup>	9.70 <sup>B</sup>	9.95 <sup>a</sup>	9.57 <sup>в</sup>	9.67 <sup>в</sup>	0.090	P<0.01
weight gain/meat duck, kg	2.64°	2.69 <sup>b</sup>	2.72ª	2.67 <sup>b</sup>	2.67 <sup>b</sup>	0.029	P<0.05
FCR	3.68 <sup>b</sup>	3.61 <sup>ab</sup>	3.66 <sup>b</sup>	3.58ª	3.62 <sup>ab</sup>	0.043	P<0.05
Mortality at the end of $7^{\text{th}}$ weeks, $\%$	3.33	0	0	1.67	3.33		

Table 3. The production performance of meat ducks given various treatments of additives

\*standard error of the mean

<sup>a,b</sup> means within a row lacking a common superscript letter indicates significant difference at P<0.05 and <sup>A,B</sup> at P<0.01

Mortality in the different treatment groups at the end of the 7<sup>th</sup> week was calculated. Group 2 (antibiotics) and Group 3 (Chinese herbs) were the lowest (0%), showing that Chinese herbs have a beneficial effect on preserving meat ducks' health. Group 3 (probiotics) and Group 4 (prebiotics) had slightly lower survival rates, but these were higher or close to the control value.

As shown in Table 4, no significant differences were observed among all treatments in all carcass traits measured in our experiments (P>0.05). This

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indicates that these feed additives did not have a negative effect on meat ducks' carcass characteristics.

Treatments		Group				- SEM*	Probability
Treatments	control	1	2	3	4	SEM.	Probability
Carcass <sup>1</sup> yield	90.07	91.23	91.30	91.10	90.93	0.79	NS
Half net <sup>2</sup> weight	83.14	84.61	85.49	84.03	83.87	0.52	NS
Total net3 weight	75.21	75.93	77.51	76.72	75.89	0.67	NS
Breast	10.15	11.19	11.57	11.26	10.69	0.24	NS
Leg	10.89	11.29	11.55	11.78	10.56	0.26	NS
Abdominal fat	1.57	1.65	1.63	1.50	1.58	0.07	NS

Table 4. The carcass characteristics of meat ducks given various additives, % BW

\* standard error of the mean

<sup>1</sup> carcass yield was taken after removing the blood and feather

<sup>2</sup> half net weight was taken after removing the giblets i.e. trachea, oesophagus, craw, intestines, spleen, pancreas, genitalia

<sup>3</sup> total net weight was taken after removing the giblets i.e. heart , liver, gizzard, abdominal fat from half net weight NS means no significant differ

#### DISCUSSION

Chinese herbs are a part of traditional Chinese medicine. Natural medicinal products originating from fungi and herbs have been used as feed additives for farm animals in China for centuries and show many medicinal properties, such as antimicrobial activity, immune enhancement, and stress reduction (Wang et al., 1998). Because of their natural origin, their use in animal diets will not lead to bacterial resistance or cause concern over drug residues and toxicity (Lu et al., 2003). Chinese herbs can improve the metabolism, growth performance and reproduction of animals. At the same time they can prevent and cure many animal diseases. This practice is also economically feasible because these herbs are very inexpensive and their sources are abundant. It can be seen from this experiment that Chinese herbs can clearly promote the body weight gain of meat ducks throughout the whole growth period as compared with the non-supplemented group. FCR, mortality and carcass characteristics were similar or close to the antibiotic group. The results also agree with Jamroz et al. (2002) who observed improvements in daily gain and feed conversion ratio in poults fed with a diet supplemented with a plant extract. From Table 4 it is also evident that the Chinese herbs group had the highest feed intake during weeks 3-7. This may owe to some component of Chinese herbs that could enhance an animal's appetite or increase the palatability of diets, thereby increasing feed intake. In summary, Chinese herbs have a positive effect on meat duck performance and can be considered a substitute for antibiotics.

The term probiotic, introduced in the mid 1950's, is derived from Greek and means "for life." Although there are a number of definitions for this term, probiotics are generally defined as live microorganisms that improve animal health or wellbeing by modifying the intestinal microflora (Briczinski, 2005). Ingesting adequate amounts of probiotics can help form the proper bacterial balance and improve gut health, prevent or cure some diseases and promote livestock growth and production (Fuller, 1989; Smoragiewicz et al., 1993). In this study, a preparation of mixed cultures of Lactobacillus acidophilus and Bacillus subtilis was used. Our results show that the weight of meat ducks on probiotics at the end of week 2 was significantly higher than in other groups, but by week 7 this predominance was lost and these birds' body weights were just under that in the Chinese herbs group, Cavazzoni (1998) who used *Bacillus coagulans* as a probiotic suggested that the mean body weight of chickens on day 49 was up to 7.2% higher than in the no additive group. Thus, it can be deduced that beneficial effects might have been more pronounced in our study if the quantity of the probiotics had been increased during weeks 3-7. Furthermore, the FCR of the probiotics group was better when compared with the antibiotics group and mortality was lower than in unsupplemented controls. It can be seen that the preparation of mixed cultures of Lactobacillus acidophilus and Bacillus subtilis as probiotics were superior in terms of weight gain and FCR to antibiotics in meat ducks and can be proposed as a replacer for antibiotics.

Prebiotics are defined as nondigestible food ingredients that beneficially affect the host by selectively stimulating the growth or activity of bacterial species in the colon, thus benefiting host health (Gibson et al., 1995). Oligosaccharides have been used as prebiotics to influence the composition of the bacterial populations in the large intestine of a number of animal species (Grizard et al., 1999; Rycroft et al., 2001). Previous reports suggest that mannose-oligosaccharide (MOS) supplementation resulted in improved production in terms of body weight gain and feed conversion (Parks et al., 2001) and significant improvement in antibody responses (Cotter et al., 2000). In the present experiment, the improvement of body weight (at the end of 7th week) was +0.99% and the feed conversion ratio (3~7weeks) was -1.63% relative to the negative control and a distinct decrease in mortality was not observed. This result did not achieve the level reported by Scflon et al. (2002) who showed that broiler chicken fed MOSsupplemented diets improved 49-d body weight by +2.7%, feed conversion ratio by -2.4%, and mortality by -9.7% relative to results of non-supplemented control diets. In our experiment, we may have not given a sufficient quantity of MOS during the growth period or there were some other factors that affected the ducks' response. But the results still indicate that prebiotics do not negatively affect the growth performance of meat ducks and that its effects need further study.

Taken together, the present results suggest that Chinese herbs, probiotics and prebiotics can be used by poultry farmers or feed manufacturers for improving

performance instead of using antibiotics in meat duck diets without compromising duck health or productivity. In light of these results, the optimum quantity of these additives and their other effects on meat ducks merit further investigation.

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